

Baseball Clinic
Softball Clinic
BB+SB Clinic gemeinsam
Rahmenprogramm
Sonstiges

Fri., January 29					Fri., January 29	
17:00-18:30	Registration (Front Desk) & Dinner				17:00-18:30	
18:30-19:15	O'Connell: Welcome/Outfield				18:30-19:15	
19:15-20:00	Janssen: Alan Jaeger's Long Toss Program				19:15-20:00	
20:15-21:00	Englishbey: Hitting Mechanics				20:15-21:00	
21:00	Meet & Greet at Ahorn Sportpark Bar				21:00	
Sat., January 30		Gymnastikraum 1 (1. OG)	Ballspielfläche 3 (EG)	Konferenzraum 4 (1. OG)	Sat., January 30	
08:00-09:00	Registration (Front Desk)				08:00-09:00	
09:00-09:10	Welcome				09:00-09:10	
09:10-09:55	Morse: Mental Game VIP				09:10-09:55	
10:00-10:45	Janssen: Busting Myths about Pitching	Vyner: Offensive/Defensive strategy and tactics incorporated in the game (10:00-12:00)			10:00-10:45	
11:00-11:45	Englishbey: Hitting Movement Flaws/Drills				11:00-11:45	
11:45-13:00	Lunch & Break (for Softball Clinic 12:00-13:00 Uhr)				11:45-13:00	
13:00-14:00	Rodriguez: Introducing Beeball				13:00-14:00	
14:00-14:45	Holmberg: Damaging flaws in pitching/throwing motion	Legionäre TV/Haar Disciples TV - Livestream Workshop	ten Pas: Practice planning /hitting practical stations/ recognizing pitches (14:00-16:00)	DBV Sprechstunde (14:00-16:00)	14:00-14:45	
15:00-15:45	Holmberg: Positive/proactive approach to pitching/throwing				15:00-15:45	
16:00-16:45	O'Connell: Working with Kids: Practice Games	Schreuer: Medien Workshop			16:00-16:45	
16:45-17:30	Fechtig: Introduction Organization of Citywide School Champ.	Meadows: Pitching: Mechanics			16:45-17:30	
17:30-18:15	Morse: Mental Conditioning				17:30-18:15	
18:30-19:15	Hot Stove Q&A				18:30-19:15	
19:15	Dinner				19:15	
20:00-21:00		Mitgliederversammlung Förderverein Dt. Softball Jugend			20:00-21:00	
Sun., January 31		Gymnastikraum 1 (1. OG)	Ballspielfläche 3 (EG)	Konferenzraum 4 (1. OG)	Sun., January 31	
09:00-09:45	Rodriguez: Practice Organization	Meadows: Pitching: Movement of Pitches			09:00-09:45	
09:45-10:30	Müller: Preventing most common Baseball Injuries	Englishbey: Should girls swing like guys?			09:45-10:30	
10:45-11:30	Morse: The 6 Inches Between The Ears Controls The 6 Feet Below				10:45-11:30	
11:30-13:00	Lunch & Break				11:30-13:00	
13:00-13:45	Holmberg: Feet, Legs, Hips: foundation for pitching and throwing			Meadows: Pitching: Live Drills	13:00-13:45	
13:45-14:30	Englishbey: Cues to Coaching Hitting			Vyner: Analysis/Correction of Weaknesses	13:45-14:30	
14:45-15:30	Q&A and Closing	ten Pas: Catching: working with umpires&pitchers /throwing			14:45-15:30	
15:30-16:00		Q&A and Closing			15:30-16:00	