

Deutscher Baseball und Softball Verband e.V.



Schedule – Baseball Clinic DBV Convention

Friday – January 29

Time	Speaker	Topic
17:00 – 18:30 Uhr	Registration/Dinner	
18:30 – 19:15 Uhr	Tom O'Connell	Welcome/Outfield
19:15 – 20:00 Uhr	Steve Janssen	Alan Jaeger's Long Toss Program
20:15 – 21:00 Uhr	Steve Englishbey	Hitting Mechanics
21:00 Uhr		Meet & Greet @ Bar

Saturday – January 30

Time	Speaker	Topic
09:00 – 09:10 Uhr		Welcome
09:10 – 09:55 Uhr	Matt Morse	Mental Game VIP
10:00 – 10:45 Uhr	Steve Janssen	Busting Myths about Pitching
10:45 – 11:30 Uhr	Steve Englishbey	Hitting Movement Flaws/Drills
11:30 – 13:00 Uhr	Break/Lunch	
13:00 – 14:00 Uhr	Ivan Rodriguez	Introducing Beeball
14:00 – 14:45 Uhr	Bill Holmberg	Damaging flaws in the typically accepted pitching/throwing motion
14:45 – 15:45 Uhr	Bill Holmberg	A positive/proactive approach to pitching and throwing
15:45 – 16:00 Uhr	Break	
16:00 – 16:45 Uhr	Tom O'Connell	Working with Kids: Practice Games
16:45 – 17:30 Uhr	Stefan Fechtig	Introduction into the Organization of City-wide School Championship
17:30 – 18:15 Uhr	Matt Morse	Mental Conditioning
18:30 – 19:15 Uhr	All	Hot Stove Q&A
19:15 Uhr	Dinner	

Sunday – January 31

Time	Speaker	Topic
09:00 – 09:45 Uhr	Ivan Rodriguez	Practice Organization
09:45 – 10:30 Uhr	Stefan Müller	Preventing most common Baseball Injuries
10:45 – 11:30 Uhr	Matt Morse	The 6 Inches Between The Ears Controls The 6 Feet Below
11:30 – 13:00 Uhr	Break/Lunch	
13:00 – 13:45 Uhr	Bill Holmberg	Feet, Legs and Hips, a foundation to effective pitching and throwing
13:45 – 14:30 Uhr	Steve Englishbey	Cues to Coaching Hitting
14:30 Uhr	All	Q&A and Closing